Book Information Sheet

Prints Publications Pvt. Ltd.

How to Stop Worrying Start Living

Author: Dale Carnegie

Publisher: Prints Publications Pvt Ltd

Product Specification

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ISBN-13	9789394791237
Binding	paper_back
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Availability	1

Price

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About the Author

Dale Carnegie

An American writer, lecturer and the developer of famous courses in self-improvement, salesmanship, corporate training, public speaking and interpersonal skills, Dale Carnegie was born in 1888 in Maryville, Missouri. Public Speaking: A Practical Course for Business Men (1926) was the first collection of Carnegie's writings. It was later entitled Public Speaking and Influencing Men in Business (1932). How to Win Friends and Influence People, when published by Simon and Schuster in 1936, became an instant bestseller. How to Stop Worrying and Start Living (1948) introduces the fundamental facts that one must know about worry and provides the perfect way to conquer it. How to Enjoy Your Life and Your Job is a collection of selected chapters from How to Win Friends and Influence People and How to Stop Worrying and Start Living with ways to bring peace and happiness in life and achieve a work-life balance, this book will make one reassess their approach to life, people and their job. Carnegie served in the U.S. Army during the First World War in 1931, his first marriage ended in divorce and in 1944, he married Dorothy Price Vanderpool. Carnegie died in 1955 aged sixty-six at his home in Forest Hills, New York and was buried in the Belton, Cass County, Missouri, Cemetery.

Product Description

If worry fills up your mind and you end up struggling to conquer it, this book is all you need! "The secret of being miserable is to have the leisure to bother about whether you are happy or not." From the fundamental facts that one must know about worry to the techniques in

analyzing it, this book introduces ways to prevent fatigue and worry and cultivate a mental attitude that will bring peace and happiness. It offers insights on how to break the worry habit and brings for you not only a magic formula for solving worry situations but a way to conquer it altogether. A result of his own experiences and realizations, Dale Carnegie’s How to Stop Worrying and Start Living has inspired many and helped them triumph over their worries, with timeless practical advice, this classic bestseller holds the power to change your future.