Book Information Sheet

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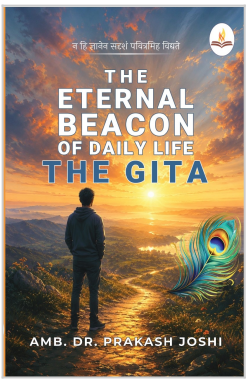

The Eternal Beacon of Daily Life The Gita

Author: Amb. Dr. Prakash Joshi

Publisher: Prints Publications Pvt Ltd

Product Specification

Publisher	Prints Publications Pvt Ltd
Publication Year	2026
ISBN-13	9789366970011
Binding	paper_back
Number of Pages	282
Language	english
Edition	1st
Dimension	5.5''*8.5''
Weight (Grams)	394
Subject	Philosophy
Availability	1

Price

Price (INR):	₹ 795
Discounted Price (INR):	₹ 596.25
Price (USD):	$ 20
Discounted Price (USD):	$ 20

About the Author

Amb. Dr. Prakash Joshi

Dr. Prakash Joshi joined the Indian Foreign Service in early 1970s. He went on to hold various senior positions with distinction in different parts of the world, including the Gulf region, Africa, Europe, the Caribbean, etc., While posted to Guyana, South America as High

Commissioner, he delivered on their TV network discourses on Gita for over two years. Dr. Prakash Joshi was educated in Cambridge, Gonville and Caius College, U.K. where he did Tripos in Mathematics. He had earlier graduated with high honours from the University of Bombay specializing in Mathematics. He was then nominated as a National Scholar and was awarded the prestigious Tata Scholarship for higher Education of Indians. During 1980s while posted in Delhi he completed his doctorate through the Jawaharlal Nehru University in the field of International Relations. He also qualified at that time as Interpreter in Arabic through the school of Foreign Languages, New Delhi. Dr. Prakash Joshi possesses excellent knowledge of Sanskrit, and has a distinguished family background. His father Dr. V.M. Joshi, I.C.S., D.sc. was a renowned statistician.

Product Description

About the Book Before the reader exclaims: Oh! no! not another book on the Gita, the author thought it best to assure him that this one is totally different from the genre of numerous commentaries on the subject. The Gita is probably the most widely read scripture in India. People turn to it seeking spiritual solace. The Gita teaches us how to look beyond ourselves, how to place total faith in God and how to combine the temporal with the spiritual. We learn from it how to maintain our equanimity in the midst of turbulence of life, how not to be unduly swayed by its momentary ups and downs. This is what the Gita is really about. In this book we have tried to convey the eternal message of the Gita through a series of short articles each based on two/ three of its stanzas. We are sure that the reader will find much in this book which would be helpful to him as he grapples with the challenges of daily life. It is our sincere hope that the articles of the book will open a way for the reader to lead a balanced life with equanimity combining material success with spiritual gains